

# The attitude in the Christian life. Phil. 4:8&11

It's right thinking that is important for a healthy attitude. 2Cor. 10:5 & Isa.26:3  
It comes from prayer and receiving the word. V. 6&9

1. Reflecting on things that are Christ's attributes. V. 7&8

- A. Right thinking is a renewing process. Rom. 12:2
- B. Letting the word fill you give you peace. Ps.19:7-9 & 119:165
- C. Right thinking is a result of daily meditation.

2. Reactions on things are reflections of attitude. V. 9&10

- A. Right living is an inward process.
- B. Learning to live on the peace of God in you.
- C. Paul's life reflects the peace God gave him.

3. Relying on God is a learned attitude. V. 11 - 13

- A. Paul learned to accept and be content.
- B. Paul knew where his abilities and attitude came from.
- C. God's providence (God see everything through before it happens.)

Application for us today.

1. What's on the inside is what empowers the outside.
2. The most important part of a Christians life is the part that only God sees.
3. We need to act as a thermostat, not a thermometer.
4. We are efficient in Christ.
  - A. Spiritual contentment is not an immediate thing.
  - B. We learn through experience in life.
5. We can't control things around us, but we can control how we respond with our attitude.
  - A. Satan doesn't want us to have a peace of mind.2 Cor. 10:5
  - B. It takes prayer and meditation to have the right frame of mind.